

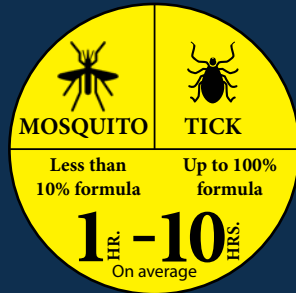
# Guide to Applying Insect Repellent



Wearing repellent correctly is the most effective way to prevent mosquito bites and any vector-borne disease. No matter the brand, look for active ingredients registered with the U.S. Environmental Protection Agency (EPA) and recommended by the Centers for Disease Control and Prevention (CDC).

Español  
中文  
한국어

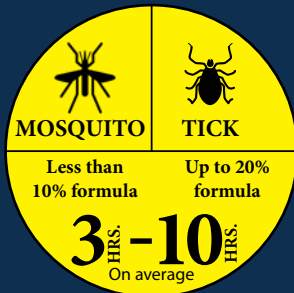
## Must have ONE of these Active Ingredients



**DEET**



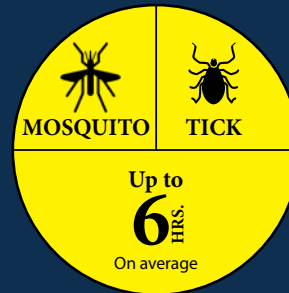
For Ages:  
2 Months and up



**PICARIDIN**



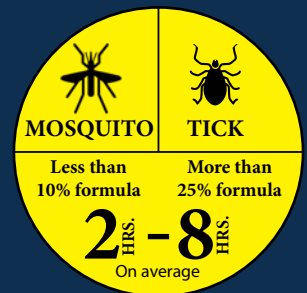
For Ages:  
2 Months and up



**OIL OF LEMON  
EUCALYPTUS**



For Ages:  
3 Years and up



**IR3535**



For Ages:  
6 Months and up

**STEP 1**

### ALWAYS Read LABEL

Apply as recommended on the label. Always apply sunscreen first, then follow with insect repellent.



**STEP 2**

### Spray Bottle Properly

Hold bottle 6-8 inches away from exposed skin and clothing. Apply in a slow sweeping motion. Spray in an open, ventilated area.



**STEP 3**

### Use Hands to Evenly Distribute

Spray hands to apply repellent to the face. Remember other exposed skin such as behind the ears and neck. Always wash your hands after applying.



**STEP 4**

### Spray on Clothing

Spray shirts, pants, socks, hats, but NOT underneath clothing. Wash all treated clothing before wearing again.



**For Kids**



Do not allow children to handle product. Always have an adult apply repellent on children. Adults should spray the palm of their hand first, and then apply the product on the child.



Greater Los Angeles County  
Vector Control District

[WWW.GLAMOSQUITO.ORG](http://WWW.GLAMOSQUITO.ORG)

/GLAmosquito