Midges

Midges are non-biting flies that resemble mosquitoes. They are usually a problem from April to September. Swarms usually emerge at sunset.

While the midge is similar in size to the mosquito, it cannot bite. This bug is an annoyance, but will not harm humans. The midge does not carry diseases.

The midge can be identified by the following traits:
- Measures approx. 1/8 -1/2 inch in length
- Has wings shorter than its body
- Looks light green to brown in color
- Breeds in mud at the bottom of water sources

1/8 in. 1/2 in. Actual Size

Can they cause medical problems?

Swarms can cause discomfort or irritation by entering the eyes, ears, nose, and mouth. These insects do not constitute a public health problem because they do not transmit diseases. Several species, however, have been documented as the cause of allergies in people exposed to massive swarms.

What is the Midge Life Cycle?

Requires water and mud. Breed in spreading basins, reservoirs, lakes, ponds, flood control channels, and other similar habitat.

Tips to help alleviate nuisance midges:

- Reduce the overall light use during the evening by using less powerful bulbs.
- Use yellow light bulbs in outdoor fixtures; yellow is less attractive to midges.
- Delay turning lights on as long as possible after sunset.
- Keep doors closed and windows tightly screened to prevent midges from entering the home.

How can you tell midges apart from mosquitoes?

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